

What Every Woman Should be Glad to Know



Chanticleer Aids In Celebrating Independence Day

Dainties For the Table and Jolly Games to Play on the Fourth of July.

"I SHOULD like to come back to the earth a hundred years from now to see what changes science, art and politics would bring in the interval," said Benjamin Franklin shortly before his death in 1790.

Bennie would certainly sit up and take a heap of notice of many things we could show him. What would he think of the airplane? I reckon he'd acknowledge we were "going some." But the housewives of 1790 would be equally surprised at the strides domestic science has taken, and, as for table decorations, what would they think of adorning their Fourth of July dinner or supper tables with roosters that had not been acquainted with the oven? Yet on "the day we celebrate," the great and glorious Independence day of 1910, a certain hostess famed for her novel entertainments will bring her table decorations right up to date by providing a plaster of paris chanticleer (rooster) as a centerpiece. The monarch of the barnyard will stand on an artificial log made from brown crepe paper. Surrounding the log, artificial grass, also of crepe paper, will be festooned. A miniature white picket fence will inclose the whole. Favors will be hidden among the grasses, to which tricolor ribbon streamers will be attached. At a time appointed by the hostess the ribbons will be pulled by the guests and the favors revealed.

To the hostess who likes to let her patriotism shine before men and who revels in the display of Old Glory the table set for a Fourth of July supper seen in the illustration will doubtless appeal more strongly than the chanticleer effect. The centerpiece in this instance is composed of a standard of silk flags laid on a foundation of shields and tiny flags. Four birch bark canoes set with flags and with cargoes of sweet peas outline the sides of the standard. Tiny candles arranged in walnut shells are placed between the canoes. The bonbon dishes are in shield shapes. At the table corners crystal chandeliers equipped with sweet pea trimmings on their shades are most effectively used. In the way of edibles a fruit puree is a cool and delicious drink to serve at the Fourth of July supper or evening party. To prepare the Independence puree

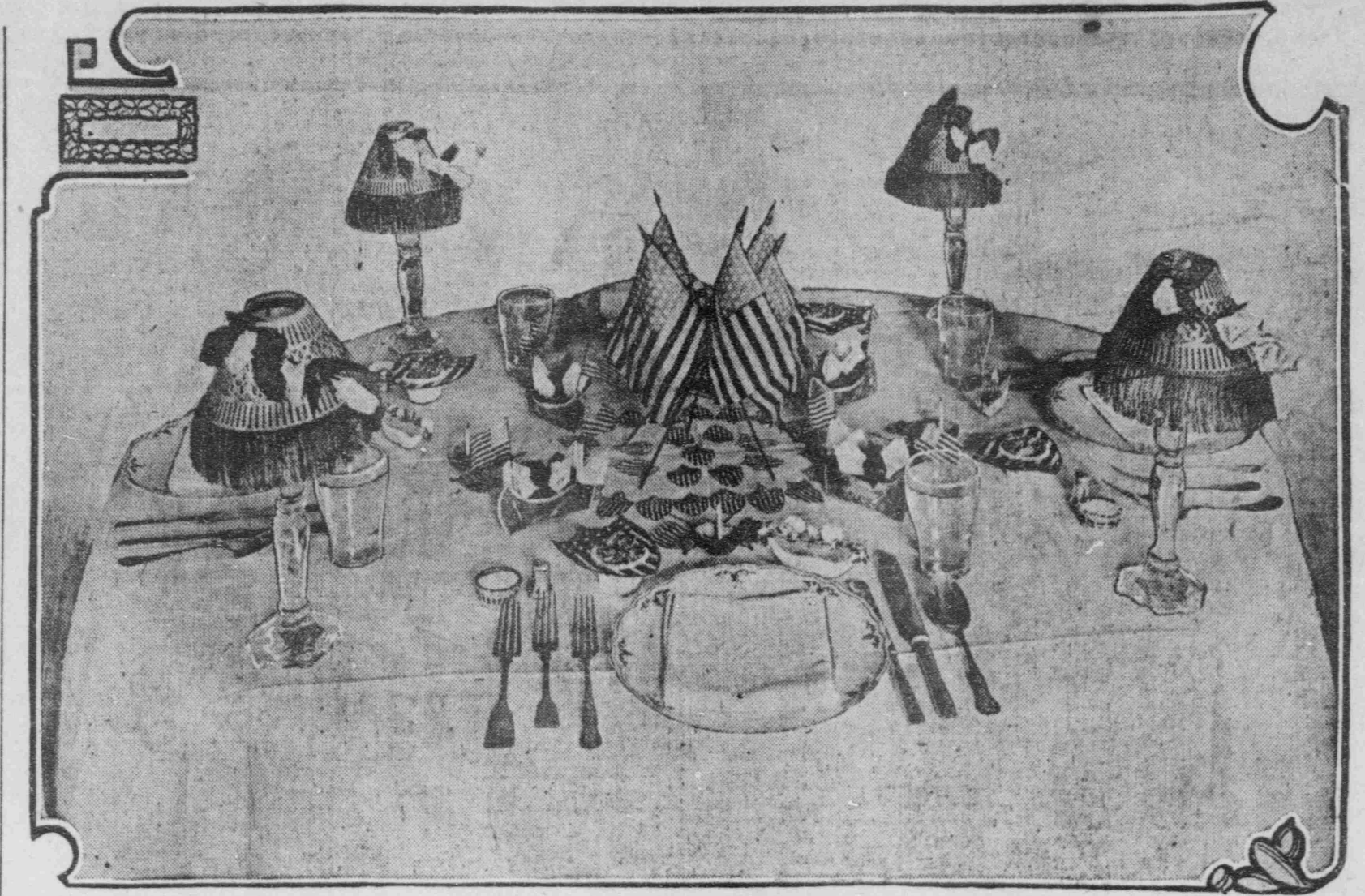


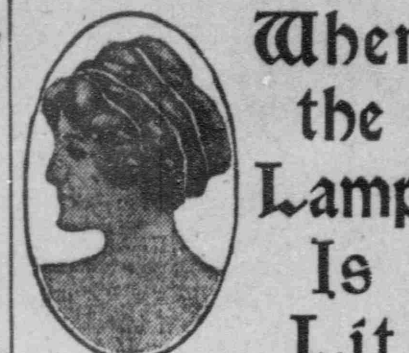
TABLE SET FOR FOURTH OF JULY SUPPER.

place in a bowl one shredded pineapple, a quart of pitted oxbheart cherries, three peeled and diced bananas and two quarts of large red raspberries. Sprinkle the fruit with powdered sugar and place directly on the ice to chill. At serving time add a very little orange ice and a pint of shaved ice. Serve in tall crystal sherbet glasses and garnish with Maraschino cherries. Liberty salad is another patriotic dainty suitable for the day's menu. It is made by lightly mixing together six chopped hard boiled eggs, a cupful of cold cooked peas, six pitted olives, three very ripe tomatoes and two cucumbers cut into dice, one cupful of cooked string beans sliced, two heads

of shredded lettuce and a bunch of young radishes that have been washed and chopped. Have the ingredients very cold and when ready to serve arrange in individual portions moistened with mayonnaise dressing in nests of heart lettuce leaves garnished with stars of mayonnaise, capers and grated egg yolk. Most guests will hail with delight the Columbia sandwiches, which are made by running through a meat chopper a can of ox tongue, adding a pound of minced watercress, a few drops of Worcestershire sauce, a pinch of black pepper, four tablespoonsful of melted butter and a quarter of a pound of finely chopped nut meats. Blend the

ingredients with a silver spoon to a smooth paste and spread between thin slices of buttered whole wheat bread, pressing the sandwiches firmly together, and stamp with a fancy cutter into the shape of diminutive liberty bells. In connection with the liberty bell there is a fine game that will not perhaps meet with approval from "anti-noise" followers. Still, most of us like to work off some of our enthusiasm audibly. For these revelers I recommend liberty bell as a lawn or porch game. A large bell is suspended from the ceiling by a red, white and blue cord or ribbon at about two inches from the floor. The bell should be a facsimile of the old Liberty bell. A

chalk mark is made on the floor at about ten feet from the bell, and each player in turn rolls a ball, aiming to ring the bell. Every one who succeeds is decorated with a tiny loop of red, white and blue ribbon. Telling fortunes at a Fourth of July entertainment always creates a lot of fun. To test the fates draw a magic line on the ground, lighting firecrackers and placing them on the line. The fortunes are told by the way the firecrackers burn, jump, go out or break when exploding. A person with some imagination can make endless meanings apply to the different firecrackers thrown by different tempers of fate. DAPHNE DEAN.



MUSINGS OF ELINOR HITE.

THE sin of being tired! What do I mean? Just what I said. You cannot be tired without feeling cross; you cannot be tired without looking cross; you cannot be tired without being cross. And cross people are not an addition to any society. Don't you know after a long day's work how you feel all nerves? And you are quite aware that the "least little thing will upset you." Well, you have no business to feel like that. You can't help it? Yes, you can. The fact of the matter is you do not try. "Feeling tired" seems the natural order of things when you have been doing too much. Unfortunately other people have to

suffer as well as yourself, and innocently. They can't help it if you will overtax your strength. "It is all for them." Yes, but look at the price they have to pay! You can't be yourself when you are looking cross, and husband and children are depressed by the spectacle. When a man comes home from his work he wants to see something more cheerful than a washed out woman. "For goodness' sake go to bed!" he has sometimes said in despair. "You look like a dying duck in a thunderstorm." And the woman feels badly used. After she has been shaving all day for him he cannot be even sympathetic. She forgets that he doesn't want her to slave, and she doesn't know that her appearance is a reproach. The woman who is tired cannot help looking like a martyr, and the man feels she is tired on his account. And she soon tells him so if he dares to make any remark, for she has lost control of her nerves in fatigue of mind and body. If there are children to dance upon those nerves, you bet the children! And all this because she is tired. Women don't know how selfish they are in inflicting this threefold misery upon husband and children. "What is the matter with mother?" said a schoolboy anxiously. "I haven't heard her speak a pleasant word for a week." That is just the point—women keep their tiredness and crossness for the time when husband and children are at home.

NEWNESS IN SUMMER CUSHIONS

WHEN looking around for summer cushions for hammock and porch use the first consideration should be given to suitability and the next to laundering. Simplicity of line and cool colorings are also necessary requisites. To achieve the first purchase only materials that will stand hard wear and that will wash without fading. Don't sew the covering securely on the pillow, but rather make cases that button on. This is done in several ways. The easiest is to have an opening across the middle of the back, faced back like a dress placket and provided with buttons or patent fasteners. For those who can afford it and where there are no children nothing equals in coolness and attractiveness cushions of white fabrics relieved by a few of sage or gray green. But don't go to the other extreme—unless your home is in a very sooty town or you are making pillows for seashore or a woody bungalow—and patronize bright red materials. They are too hot looking to rest any tired head upon. When hard service has to be provided for nothing is better for a covering than huckaback with a bold conventional design outlined upon it in three colors, the darkest on the outside and the background darned in a fourth tone

lighter yet. These are good looking in green or old blue on white or browns and yellows on a butter colored background. Charming in dainty colorings, with borders or designs in coronation or soutache braid or both combined, makes a smart cushion. For porch use linen crash, with a bold pattern outlined in chain or twisted outline stitch in rope silk, is effective, and the work is very rapidly done. It never pays to put elaborate stitching on summer cushions. A new touch to pillows made from barred tae toweling or crash is to stitch to them a border of linen to match the line in the bar design. This border is put on the outer edge, is two inches wide, set in from the edge its own width or it can form a circle or diamond in the center of the cushion. Several narrow bands of color crossing at the corners give a good effect of quite narrow bands may be applied to form a scroll. When the border is set in from the edge it is finished in white or colored cord or white cotton fringe. For rafia workers there are to be found in the shops square pillow tops to be made up in colored rafia patterns. One end of the pillow is begun to show the stitch and the shading. These pillows may be bought ready made, but they are rather expensive.

TO CLEAN CHAMOIS AND SILK GLOVES

THE season for silk gloves is at hand. Chamois gloves have been a favorite hand covering all winter, but there are many women who in summer are obliged to eschew kid gants, and the alternative is silk, lisle or chamois. Chamois gloves in good quality are very smart, and they may be easily washed and look well if properly done. They must be dipped into a warm sud of some pure white soap (never use hot water or strong soap) and gently patted between the hands until clean, giving especial attention to the finger tips. Rinse in several clear waters and never dry them by trying to wring them as one does a handkerchief. This method will almost ruin the gloves, for places will be stretched thin, if not into holes, by the severe treatment. Instead, squeeze or press the water out of them by rolling them in a dry towel. Hang them up in the sun and air for a few minutes, then put them on the hands and gently rub them until dry. This will leave the gloves just the right size for the wearer and as good as new. White silk or cotton gloves must be washed with care or they will soon turn yellowish. This can be prevented, however, by observing several precautions. Never wash silk gloves in hot water, but in lukewarm, and rinse in cold water with a touch of bluing in it. Do

not rub soap on the silk gloves, as is usually done, but dip them into suds made from some good white soap and hang them in the air to dry quickly. Silk gloves of delicate colors should always be dried in the shade, as the sun fades them. Borax or ammonia in the water in small quantities is sometimes good, but if used too often it will yellow the gloves. After they are dry press with a moderately hot iron or merely straighten the fingers out nicely with your hands. Put them away, folded between sheets of blue cambric or paper if they are to be left any time. The blue color prevents anything white, as dresses, ostrich plumes, etc., from turning yellow.

HOW TO MEND TINWARE

THERE is much talk among housewives of the "little leaks" in kitchen economy which make the "big hole" in household expenses. One of these little things is the mending of the numerous articles of tinware in use in the kitchen, a simple process that is attended with much inconvenience when the article must be sent from home to be repaired, but which the cook or housekeeper can easily mend with a little practice. Get a few cents' worth of muriatic acid and put into it all the zinc it will dissolve. Scraps of zinc may probably be secured from a nearby shop. Then buy a few cents' worth of hard solder. Whenever a leak makes its appearance in the tinware scrape off any rust that may be round it, cut off a piece of the soldering and place it upon the hole and hold the vessel over a burning lamp or any flame where the leak may be exposed to heat until the solder melts and spreads enough to cover the hole. Then remove and hold in position until the solder cools enough to harden. If it is necessary to mend any part of tinware that cannot be exposed to the flame or stove heat, have an iron spoon in which to melt the solder, treat the leak in the same manner as to cleaning and apply the acid, have a poker made hot and hold it on the leak until the parts around are heated and then pour the solder on. In the old times housekeepers used to prevent the wearing of the bottom of pans and kettles by putting legs of pewter on them, and the present day tinware would last much longer by putting legs of solder on all places that are not used on the stove. All that is necessary is to clean a place with the acid, melt some solder in a spoon and pour it on slowly, letting it harden until the little knobs or legs are large enough to be serviceable.

THE DIRIGIBLE COSTUME



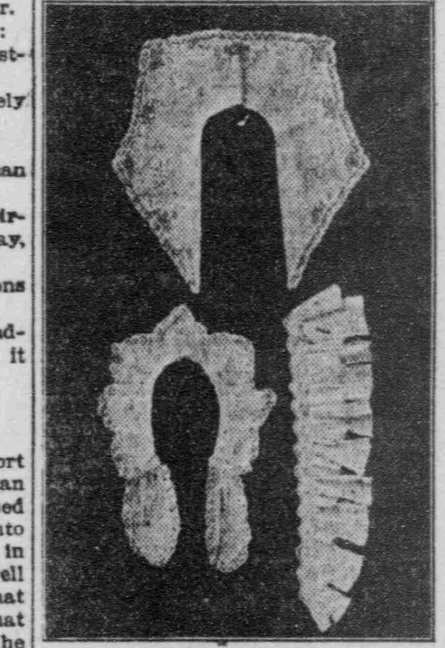
THE dirigible gown, so named because the wearer can put it through many evolutions, is ready for its debut. The garment by buttoning up here and unbuttoning there can be changed from a smart street costume to one that would be a help to the woman who is fond of the links, horseback riding or canoeing. The creation is designed by the George C. Heimerdinger company of New York city. It is made of satin. The bodice has a becoming square gullepe of net, and the skirt is cut on

HINTS ON LETTER WRITING.

When writing letters a woman should keep in mind the following rules: Business letters should be concise and clear, because business people are supposed to be busy. No letter is complete without the date. In writing to solicit employment of any kind, on no account should personal perplexities or needs be mentioned. The world is full of unfortunate persons, and to a stranger the troubles of one are no more than those of a host of others. Letters of introduction are left open when written. Elaborately ornamented note paper and highly perfumed notes are vulgar. When answering letters remember: That written words stand as everlasting witnesses. That an ambiguous sentence is likely to be misinterpreted. That a friendly word never harms. That a written word of sympathy can sometimes do much good. That a letter written in a kindly spirit should be answered in the same way, even though the message is disliked. That business letters and invitations must be answered at once. That a lady acknowledges any friendly offer of hospitality, even though it be not by acceptance.

NECKWEAR FOR THE SUMMER GIRL

IF you have a pretty foot, the old song goes, show it. A modern ditty might be written anent the pretty throat, and a word or two about when not to show it would not come amiss. Well, the girl who knows herself and what she should and should not wear is conversant with her limitations in regard to the low collarless gown. Don't wear it if your neck is scrawny, and don't, if you are a business girl, wear such a frock to the office. But at home, when dainty clothes are suitable, put on a lawn frock with a low ef-



THE NEWEST IN COLLARS AND FRILLS.

fect at the throat, and you'll look just as sweet as the girl who has nothing to do but keep cool. The Dutch collars to be seen in the cut are of the newest cut. They are embroidered in pastel colors on handkerchief linen. This is much smarter than when white embroidery effects are used. The collar with tab ends is very attractive, and the frill is extremely natty. It is of sheer lawn cut in block design and then platted after the edges have been buttonholed and worked with French dots.

TIP GENEROUSLY AND MAYBE YOU'LL GET A BARGAIN.

A word to those who may be planning for the first time to go to some famous Paris house for their gowns. The assistant must be tipped; otherwise one might sit unnoticed for a long time, with every one seemingly too busy to heed. An assistant must be seized as she passes and embraced, after which miracles will occur. A very good tip will even at the end, after one or two frocks have been purchased, bring forth from some remote recess a "bargain," and it will be one in verity.

FACE LOTION.

Jensen and almond meal make a very good lotion for the face for warm weather. Mix three drams of almond meal with one dram of soft soap and eight ounces of rosewater. Strain and add four drams of tincture of benzoin. In hot weather this is made more cooling by adding a dram of balsam of stear dissolved in an ounce of rectified spirits.

IN NET ATTIRE



FROCKS of net, large meshed and in Russian weaves, are wonderfully smart gown materials this summer, and the costume illustrated is a good example of the trend of fashion in this direction. This dainty little costume is carried out in white Russian net, and the skirt is trimmed with two kilted flounces of the fabric edged with bands of black satin. The gullepe bodice is outlined at the square décolletage with a button trimmed band of the satin. Over the sleeves are adornments of the satin outlined with tiny gilt buttons, and the short sleeves are finished in the same way.

LINGERIE DRESSES IN PEASANT STYLE.

To have your lingerie dress strictly up to date it must be made in peasant style and be trimmed with Russian embroidery. Although consisting of the sheerest English eyelet embroidery, with buttons of wonderful metal embroideries, the frock is distinctive for its simplicity. The skirt, of the new straight full order, is caught in at the feet with a deep band of all over embroidery extending up either side and forming panels. The fullness of the simple bodice is drawn into the normal waist line and the seams of the shirring covered by a peasant braid of red and white cotton. From the seamless shoulder the sleeve extends the entire length of the arm, the lower half being of the all over embroidery.

THE CHILDREN'S HAIR.

Some children are liable to take cold after having their hair washed. In order to prevent this the hair should be rinsed in warm water to which a few drops of alcohol have been added and wrung as dry as possible. The hair should then be divided and each strand be wiped well with a dry towel. If the child is allowed to sit in the sun for a few minutes the hair will dry very quickly.

YOU'LL BE KNOWN BY YOUR WALK.

There is a new science appearing on the horizon. It has as yet no name, but it claims to surpass graphology and chiromancy in delineation of character. It is based solely on the manner of walking. People who take short, quick steps and whose feet hardly touch the ground are superficial and inconstant. On the other hand, those of us who take long, regular strides have well ordered minds. Thanks to the fashion of 1910, which cuts off more and more of skirt widths and perches us on high heels, most of us will have to be classed in the first category. One is obliged to take short, tottering steps, and so the new science will conclude that we are inconstant and superficial. Let us make the best of it and pray that our feet may be as light as our mentality is supposed to be.

FOR STAINED FINGERS.

With preserving dyes come stained fingers. Have you ever tried using a weak solution of oxalic acid after preparing berries or discoloring vegetables? It is a quick stain remover. As the acid is a poison, label the bottle plainly and keep it away from the children. Where stains are under the finger nails wrap a bit of absorbent cotton on the end of an orange stick and dip in the solution. For lesser stains lemon juice is helpful. Run the ends of the fingers into half a cut lemon. Tomatoes will also remove stains, especially those of paring potatoes or other slight discolorations. A tomato is a whitener and softens the hands.

TAKE IT ON YOUR SUMMER TRAVELS

THE girl who will travel this summer should take with her an electric heating pad. This is light and soft, with a covering of muslin and another of eiderdown. It will heat in about fifteen minutes and can be so manipulated that it keeps at any given heat. Why bother with a hot water bottle, steamed flannels, baked bricks, hop bags or any of the old methods for applying heat to the body when you can have an electric pad that can even be used as a foot warmer in the automobile in a pinch? LEARN TO SIT STRAIGHT. Women who spend many hours daily over a desk, a typewriter or a sewing

machine should learn to sit straight. A slouchy position at work is responsible for much fatigue, headache and even other more serious illnesses. Think of the position of your vital organs as you lool over your desk. You cannot breathe properly with cramped lungs. Your heart is pressed upon, and your digestive organs have not a chance of working efficiently. Learn to sit up with the shoulders braced and every now and again change your position slightly to prevent straining any one set of muscles. You will find it too a great help to take a few deep breaths right from the pit of your stomach occasionally. Deep breathing insures a good supply of oxygen to the lungs and provides exercise for a great many muscles. It should be practiced systematically by all women who have to lead sedentary office lives.